



## IRONBOUND HOCKEY COVID-19 PROTOCOLS

### IRONBOUND HEALTH PROTOCOLS

In these unprecedented times of COVID-19, Ironbound Hockey acknowledges that we are not public health experts and that this virus is very far out of our area of expertise. Ironbound cannot say for sure anyone is safe and if you feel uncomfortable participating in any group activity at this time, you may choose not to participate in the event. Ironbound will be operating in a best-efforts fashion to help contain the spread of the coronavirus but we ask you to rely on your doctors and their medical advice for more concrete facts and answers to your questions.

### REPORTING POSITIVE COVID - 19 TEST OR EXPOSURE

In the event of an Ironbound member testing positive for COVID-19 or having been exposed, the following procedures are in place for notification, quarantine and return to play:

1. We encourage players, parents and coaches to stay home if they don't feel well.
2. Seek medical advice if you are exhibiting symptoms of the virus.
3. If an Ironbound player/coach or family member tests positive or learns of direct exposure, please contact us immediately at [info@ironboundhockey.com](mailto:info@ironboundhockey.com) so that we can alert and inform the appropriate Ironbound members as well as outside teams of any direct or indirect exposure.

Our core values as an organization are respect for and among our coaches, staff, players and families. We will treat information regarding the identity of our members with suspected or confirmed cases of COVID-19 as **confidential**. However, our goal is to be as transparent as possible related to this issue.

### TEAM SAFETY PROTOCOL

1. If a player/coach testing positive has been in DIRECT CONTACT with the team, ALL team members and coaches will take a 7-day quarantine pause for all scheduled Ironbound activities. After that, players may return to practice if they have done a COVID-19 test and have a negative result (please provide test results to your team manager). If a player chooses not to do a COVID-19 test, they must wait to return to play the full 14 days. **If two players on one team tests positive, the entire team will be shut down for the full two weeks.**
2. If a player/coach testing positive HAS NOT BEEN IN DIRECT CONTACT with the team, the team can continue normal activity. The player must follow INDIVIDUAL RETURN-TO-PLAY PROTOCOLS outlined below.
3. If a player/coach is exposed from DIRECT CONTACT outside of team activity (e.g. classroom) and is NOT showing symptoms, the player will quarantine for 14 days but the team can continue normal activity. The team was not exposed to a positive player but the player will self-monitor and stay away.
4. If a player/ coach has NON-DIRECT CONTACT OUTSIDE OF A TEAM ACTIVITY (e.g. at a school but not in direct contact flow) and is not showing symptoms, the player is permitted to continue activity but must self-monitor for symptoms. If any change, default to #1 and #2 above.

### INDIVIDUAL RETURN-TO-PLAY PROTOCOL

1. Two weeks (14 days) of quarantine after symptoms resolve and fever is gone.
2. Recommend having a re-test prior to return.
3. Provide a Doctor note that the player/coach is safe to return.

Ironbound expects all members to:

- disclose positive tests with the club immediately,
  - follow all Ironbound protocols and state guidelines regarding contact tracing.
- Any violations may result in suspension or removal from the organization.

***Let's do our best to keep all Ironbound Hockey players and families safe!***